

1st Annual Denison TRYathlon

When: Saturday, April 26th, 2014 at 9:00am - Registration begins at 8:00am
(Rain Date: May 10, 2014)

Where: Denison Aquatic Fun Center - 710 N 16th St, Denison

Sponsored by: Denison Aquatic Fun Center, Denison Young Professionals, and many more local sponsors.

Ages: 10 - 99+

Entry Fees: Register by April 11 - Individual: \$25.00
Team of 3: \$40.00

Register after April 11 - Individual: \$30.00
Team of 3: \$60.00

Not all shirt sizes guaranteed with registrations received after April 11.

Fresh fruit and water will be provided at the finish line.

Details: Participants may participate in any or all of the events.

Swim - 200 meters
Bike - 6 miles
Run/Walk - 2 miles
(distances are approx.)

If need be we will be starting the event using heats, every individual or teammate will start with the swimming event.

Proceeds to benefit the Denison Aquatic Fun Center improvement fund, Denison Young Professionals, and the Dog Park.

Parking will be available at the Denison High School. There will be **NO** parking in the Aquatic Center lot, this is in order to maintain a safe and open area for all participants and spectators.

Please make checks payable to:

Denison Aquatic Fun Center
710 N 16th St.
Denison, IA 51442

(Feel free to make copies.)

For questions please contact Brian Kempfert at the Denison Aquatic Fun Center - 712-263-8130



Participant's Name: _____

Street Address: _____ City: _____

State: _____ Zip: _____

Phone # (Primary): _____ Phone # (Secondary): _____

Email: _____

I am part of a team: YES / NO

Other Team Members: _____

(For Teams Only) I am participating in the Swim / Bike / Run/Walk

T-Shirt Size

Adult Size(s) Small _____ Med _____ Large _____ XL _____ 2XL _____ 3XL _____

ASSUMPTION OF LIABILITY, WAIVER AND RELEASE

FOR PARTICIPATION IN TRYATHLON

IN CONSIDERATION of receiving permission from the City of Denison, Iowa (hereinafter called the City) to swim in the pools of the Denison Aquatic Center (hereinafter called the Center), use the Center, and run, walk, and bicycle on the City's streets and property, as a part of participating in a Tryathlon organized by the Denison Young Professionals, the receipt of such permission being hereby acknowledged, the undersigned adult participant hereby releases and released the City of Denison, its officers, agents and employees, and the Denison Young Professionals and the Chamber and Development Council of Crawford County, from any and all liability claims, demands, actions and causes of action whatsoever, arising out of or related to any loss, damage or injury, including death, that may be sustained by the participant, or any property of the participant, while participating in the Tryathlon on these premises.

Participant is duly aware of the risks and hazards inherent upon entering said premises and/or in participating in swimming, walking, running, and bicycling at the subject premises, and hereby voluntarily elects to enter upon said premises and participate in swimming, walking, running, and bicycling knowing the present condition of the facilities and streets and knowing that said condition may become hazardous or dangerous, or more dangerous during the time that the participant is on the premises. The participant hereby voluntarily assumes all risk of loss, damage or injury, including death, that may be sustained by the participant or any of the participant's property while participating in the Tryathlon on the said premises.

This waiver and release shall be binding upon the participant, his/her distributees, heirs, next of kin and personal representatives.

In signing the foregoing Assumption of Risk, Release and Waiver each of the undersigned hereby acknowledges and represents:

1. That the participant is a legal adult aged eighteen years or older, and is of sound mind.
2. That he/she, or they, have read the foregoing Assumption of Risk, Release and Waiver, and each sign below voluntarily.
3. That he/she, or they, know that by signing this Release, Assumption and Waiver, that he/she, or they, are giving up all rights to recover for any injury, illness, disability or damage resulting from participant's participation in the Tryathlon which he/she, or they, may have had, or may have in the future. **THE UNDERSIGNED HEREBY UNDERSTANDS THAT THIS IS A RELEASE, AND THAT THE UNDERSIGNED ARE HEREBY GIVING UP EVERY RIGHT THEY, SHE OR HE HAS TO RECOVER FOR ANY INJURY, DAMAGE OR DEATH OCCURRING AS A RESULT OF PARTICIPATION IN THE TRYATHLON ON THE SAID PREMISES.**
4. The participant in consideration of the City of Denison, Iowa, granting the permissions hereinbefore described do hereby expressly stipulate and agree to indemnify and hold forever harmless the City, its officers, agents and employees, its successors and assigns, and the Denison Young Professionals and the Chamber and Development Council of Crawford County, against loss from any and all claims, demands or actions in law or equity that may hereafter at any time be made or brought by the participant or brought by anyone on behalf of said participant for the purpose of enforcing a claim for damages on account of any injuries received or sustained in consequence of the participant's participation in the Tryathlon on the said premises.

Dated this ____ day of _____, 2014.

Participant

I certify under penalty or perjury and pursuant to the law of the State of Iowa that the preceding statements are true and correct.

Date

Participant